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WOKING Report

Newsletter Issue 14 June '16

Team effort works at Woking

Some outstanding individual performances, along with a fantastic overall team effort helped MADJA to a second place in the Wessex League match at Woking last Sunday.

The event began in the pouring rain, but the determination on the track and in the field was inspiring and the sun emerged for the afternoon!

MADJA U15 Girls and U17 boys were victorious against the five other clubs taking part with the Under 15 boys placed second overall.

HERO OF WOKING

Dan Davis (U17)

Who ran the 1500m. 800m and 400m at Woking... with a first and two seconds!

Among the outstanding performances of the day were Max Hughes (U15 Boys) who ran 4:45.50 to win the 1500m A string; Edie Noble who ran 12.9 in the 70m Hurdles — winning by a full second; Thomas Holmes who easily won the U15 boys Javelin with a throw of 33.74; Charlie Curry (U17) came 1st in both U17 100m and 200m, Sam Deadman

(U17) who ran a strong race to win the 400m in 56.1secs; Kieran Short who won the U17 HJ with a 1.7m and Long Jump with 5.86cm and the 100H in 16. Podium performances

U13 Girls: Edie Noble, 1st 70mH & second

in the Discus (A), Camille Lauze, 2nd in the 800m & 3rd in the HJ (A), Grace Langford 2nd Discus (B).

U15 Girls: Annie Fitter 2nd 75mH (A) & 2nd (equal time with 1st place) 100m (A) & 3rd in the 200m, Sophie Smith 2nd 1500m (A) & 2nd 300m (B), Ellie Barker 3rd 800m (A), Anna Kane 2nd 800m (B) & second 75mH (B), Beth Mayer 2nd 1500m (B) & second HJ (B), Lucy Powers 2nd Shot (B), Millie Bailey 2nd Discus (A) & 3rd Javelin (A), Hettie Mears 1st Discus (B), Maya Short 3rd Javelin (B).

Under 17 Girls: Chloe Darlington 2nd 100m (A) and 3rd 200m (A), Katie McQue 2nd 300m (A) & 3rd 80m Hurdles.

Under 13 Boys: Freddie Webb 3rd 200m (A) & 3rd Discus (B), Ollie Allan 2nd 1500m (A) & 2nd LJ (B) & 3rd Discus (A), Hugo Hawker 2nd HJ (A) & 3rd Shot (A), Ted Eastlake 3rd HJ (B), Dougie Rogan Rea 3rd Javelin (B), 3rd 4 x 100m Relay [Freddie Webb, Hugo Hawker, Dougie Rogan Rea & Ollie Allan].



Under 15 Boys: Jacob Kelly 3rd 800m (A) & 1st Javelin (B), Sam Blunden 3rd 800m (B) & 2nd Shot (B) & 3rd Discus (B), Max Hughes 1st 1500m (A), Ali Edington 1st 1500m (B), Oli Rhoads 2nd 80mH (A) & 2nd HJ (A), Tom Barker 2nd 80mH (B), Tom Barker 3rd Shot (A), Thomas Holmes 1st Javelin (A), 3rd 4 x100m relay [Tom (continued) Barker, Oli Rhoads, Thomas Holmes, Jacob Kelly).

Under 17 Boys: Charlie Curry 1st 100m (A) & 1st 200m (A) & 2nd Discus (A), Jay Roden 2nd 100m (B) & 2nd LJ (B) & 2nd Javelin (A), Sam Deadman 2nd 200m (B) & 1st 400m & 2nd 100mH (B), Dan Davis 1st 1500m (A) & 2nd 400m (B) & 2nd 800m (A), Tom Llewelyn 1st 1500m (B) 2nd Shot (B), Kieran Short 1st 100mH (A), 1st HJ (A) & LJ (A), 2nd 4 x100 relay [Jay Roden. Kieran Short, Sam Deadman and Charlie Curry]. Charlie Thomas 2nd Shot (A), 2nd Discus (B) & second Javelin (B).

Quad Kids

Jack Wharton was boys runner-up with Henry Curtis placed 11th. They helped earn the U11 boys team a superb 2nd place, overall.

In Quad Kids every event So, don't worry that one event is counts. weak. Do your best in all four events and help your team to

victory!



Top-scoring girl was Ellie Mullins, who came 8th with Jo Jo Kiggell 11th and Caitlyn Heard 14th. The girls came 5th overall.

> All Woking Results are on: http://www.wessexleaguetandf.co.uk/results.htm

OUR ATHLETES EXCEL AT SCHOOLS' CHAMPS

MADJA Athletes made their mark at the Wiltshire Schools' Athletics Championships, held at the Salisbury Track last Saturday. There were some excellent Performances and podium places.

Once again, Dan Davis showed epic form to win his 1500m with a time of 4.26.5. Kieran Short came 2nd in his LJ with 5.86cm and followed this with a 2nd in his HJ with a leap of 1.75cm and 3rd in the 100m Hurdles with 15.8secs. Meanwhile, brother Callum won the 400m Hurdles with a time of 56.9 secs and came 2nd in the 400m with 51.6secs. In a photo-finish, Charlie Curry was given 2nd in the 100m with a time of 12.1secs that was equal with the 1st place. Thomas Holmes came third in his javelin with 33.68m. Amy Davidson came 3rd in the IG Javelin with 19.05m.

County Standards Achieved

Kieran Short, HJ 1.75; Max Hughes 1500m 4:33.5; Callum Short 400m 51.6 & 400mH 56.9.



Callum Short



Kieran Short

Congratulations to Wiltshire Schools' Team Members

IB 1500m - Dan Davis
IB High Jump - Kieran Short
SB 400m Hurdles - Callum Short

All will compete at the SW Schools Champs on Saturday 18th at Exeter

SW Combined Events Championships

Well done to the three MADJA athletes to make the Wiltshire Schools' Team for the SW Combined Events Championships over the weekend of June 25/26th.

Katie McQue - Intermediate Girls Heptathlon Kieran Short - Intermediate Boys Octathlon (Charlie Curry Res)

Callum Short - Senior Boys Decathlon



Dan Davis on the podium for his win in the intermediate boys 1500m at the Wiltshire Schools Athletics Championships

COMPETITION 'ETIQUETTE'

Always arrive 15 minutes before your event to register. There will be valuable opportunity for practice/warm up throws/jumps in field events.

If your events clash, talk to the official. Register for field events first, but **track events take priority**. Officials can change the order of the competitors. Therefore, ask if you can take at least one jump/throw first before leaving for the track event.

Be considerate at the track-side or while waiting to jump/throw so as not to distract other competitors.

You are not allowed to take personal music players, wear headphones or take mobile phones inside the track!

Please always thank the field event official when you finish.

CAN YOU HELP?

WE NEED LOTS OF WILLING HANDS FOR OUR MATCH ON THE 26TH TO HELP WITH THE REFRESHMENTS. CAKE BAKERS PLEASE! LET'S MAKE OUR MADJA HOSTED DAY FAB, FUN AND SUCCESSFUL FOR ALL THE ATHLETES AND VISITORS. enquiries@madja.co.uk

!!!Sign up for Swindon!!!

The next Wessex League Competition is being hosted by MADJA and held at the Swindon Athletics Club on Sunday June 26th. All athletes (U11 and above) are encouraged to take part, so let your team managers know your availability now!